



The **Care for Kids** Program prepares early childhood educators to be proactive in preventing child sexual abuse through health education and promotion of sexual health.

**Care for Kids** is a comprehensive, community-based approach to prevention that provides early childhood educators, parents and other professionals with information, materials and resources to communicate positive messages about healthy sexuality to young children.



Prevent Child Abuse Vermont  
P.O. Box 829  
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*Care  
for  
Kids*



EARLY CHILDHOOD  
HEALTHY  
SEXUALITY EDUCATION AND  
ABUSE PREVENTION PROGRAM



*A program of*



**Prevent Child Abuse  
Vermont**



*A member of the Green Mountain, Chittenden, Franklin  
Grand Isle, Rutland, and Windham County United Ways*

# Care for Kids

## LEARN TO:

- ◆ **Conduct an information session for parents and community members to introduce and gain support for the curriculum.**

The program helps parents and child care providers better understand the relationship between sexual health education and abuse prevention. The information sessions provide an opportunity to discuss the importance of healthy sexuality education in sexual abuse prevention. The workshop previews with parents the information, materials and resources used in the Care for Kids curriculum.

## LEARN TO:

- ◆ **Implement the seven-session curriculum with children ages three to six in the early childhood setting.**

The curriculum uses the following seven themes to communicate positive messages about sexuality to children:

- Bodies
- Babies
- Feelings
- Girls and Boys
- Touching
- Bedtime
- Secrets and Surprises.

The first four themes develop self-esteem and positive attitudes toward sexuality and gender. The last three themes aid children in obtaining an understanding of body boundaries. The messages help children develop positive self-esteem, respect for self and others, and positive human relationships.

## LEARN TO:

- ◆ **Provide parents with practical skills in educating their children about healthy sexuality.**

The curriculum helps parents know more about healthy sexual development of young children. Parents learn skills to be an “askable” adult: how to answer children’s questions and talk with them about sexuality in ways that promote sexual health and sexual abuse prevention. Each theme of the curriculum includes a parent “home-activity” that fosters open, comfortable communication between adults and children about sexuality.

*“Care for Kids” training is funded by a generous grant from the Child Care Services Division of the VT Department of Social and Rehabilitation Services, and the Vermont Community Foundation.*



- Yes! I want to help reduce child sexual abuse!**

- I would like to have a trainer call me with more information about Care for Kids.
- I am interested in having a Care for Kids trainer come to my school, childcare center or organization.

Name \_\_\_\_\_

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**JOIN OTHER VERMONTERS IN HELPING TO PROTECT VERMONT'S CHILDREN.**